



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Temmler, Silke**

Club: SV Normania Treffurt

Number: 495

Course: 10.50 km

10,5 km-Lauf

Category:

Seniorinnen W45

Total time: 1:00:26

Speed: 9.93 km/h

Running performance: 5:46 min/km

Rank in course/Total: 85 (of 119)

Rank in course/Women: 17 (of 29)

Best time in course: 48:54

Rank in category: 5(of 8)

Best time in the category: 50:41