



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla

Number: 407

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M60

Total time: 1:00:49

Speed: 9.87 km/h

Running performance: 5:47 min/km

Rank in course/Total: 86 (of 119)

Rank in course/Men: 69 (of 90)

Best time in course: 37:01

Rank in category: 6(of 9)

Best time in the category: 48:05