



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Rikirsch, Roland

Club: Blau-Weiss Creuzburg

Number: 517

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M65

Total time: 1:01:25

Speed: 9.77 km/h

Running performance: 5:51 min/km

Rank in course/Total: 88 (of 119)

Rank in course/Men: 70 (of 90)

Best time in course: 37:01

Rank in category: 2(of 2)

Best time in the category: 48:47