



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Görlach, Folker

Club: Heinrichläufer Mühlhausen

Number: 502

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M70

Total time: 1:02:58

Speed: 9.53 km/h

Running performance: 6:00 min/km

Rank in course/Total: 95 (of 119)

Rank in course/Men: 74 (of 90)

Best time in course: 37:01

Rank in category: 1(of 3)

Best time in the category: 1:02:58