



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Bing, Katrin**

Club: Rhöner WSV

Number: 501

Course: 10.50 km

10,5 km-Lauf

Category:

Seniorinnen W45

Total time: 1:07:28

Speed: 8.89 km/h

Running performance: 6:26 min/km

Rank in course/Total: 102 (of 119)

Rank in course/Women: 25 (of 29)

Best time in course: 48:54

Rank in category: 8(of 8)

Best time in the category: 50:41