



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Grebe, Martin

Club: LT Altensteiner Park

Number: 542

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M45

Total time: 1:09:13

Speed: 8.67 km/h

Running performance: 6:35 min/km

Rank in course/Total: 105 (of 119)

Rank in course/Men: 79 (of 90)

Best time in course: 37:01

Rank in category: 14(of 15)

Best time in the category: 43:20