



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Bechstein, Michael

Club: Tabbs Vital

Number: 541

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M45

Total time: 1:12:34

Speed: 8.27 km/h

Running performance: 6:55 min/km

Rank in course/Total: 110 (of 119)

Rank in course/Men: 84 (of 90)

Best time in course: 37:01

Rank in category: 15(of 15)

Best time in the category: 43:20