



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Rübsam, Klaus-Dieter

Club: Unterbreizbach

Number: 411

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M50

Total time: 1:13:50

Speed: 8.53 km/h

Running performance: 7:02 min/km

Rank in course/Total: 111 (of 119)

Rank in course/Men: 85 (of 90)

Best time in course: 37:01

Rank in category: 8(of 8)

Best time in the category: 45:32