



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Ellerkamm, Jürgen

Club: SV Kyffhäuser

Number: 457

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M70

Total time: 1:21:30

Speed: 7.73 km/h

Running performance: 7:46 min/km

Rank in course/Total: 114 (of 119)

Rank in course/Men: 87 (of 90)

Best time in course: 37:01

Rank in category: 3(of 3)

Best time in the category: 1:02:58