



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Enders, Winfried

Club: Intersport Pecht Bad Neustadt
Number: 574

Course: 21.10 km
Halbmarathon

Category:
Senioren M50

Total time: 1:35:00

Speed: 13.26 km/h
Running performance: 4:30 min/km

Rank in course/Total: 5 (of 70)

Rank in course/Men: 5 (of 59)

Best time in course: 1:23:12

Rank in category: 1(of 12)

Best time in the category: 1:35:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:04:20	4:56	1	-	6	8:06	13.00	1:04:20	4:56	1	-	34	
Festplatz	8.10	30:40	3:47	1	-	6	3:42	21.10	1:35:00	4:30	1	-	5	11:48