



# 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

## Detailed evaluation

**Niebergall, Thomas**

Club: TV Obersuhl

Number: 591

Course: 21.10 km

Halbmarathon

Category:

Senioren M45

Total time: 1:35:23

Speed: 13.21 km/h

Running performance: 4:31 min/km

Rank in course/Total: 7 (of 70)

Rank in course/Men: 7 (of 59)

Best time in course: 1:23:12

Rank in category: 2(of 12)

Best time in the category: 1:29:51

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:03:20	4:52	2	3:51	5	7:06	13.00	1:03:20	4:52	2	3:51	36	
Festplatz	8.10	32:03	3:57	2	1:41	7	5:05	21.10	1:35:23	4:31	2	5:32	7	12:11