



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Werner, Astrid

Club: Altdorf

Number: 551

Course: 21.10 km

Halbmarathon

Category:

Frauen

Total time: 1:41:18

Speed: 12.44 km/h

Running performance: 4:48 min/km

Rank in course/Total: 9 (of 70)

Rank in course/Women: 1 (of 11)

Best time in course: 1:41:18

Rank in category: 1 (of 1)

Best time in the category: 1:41:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:07:54	5:13	1	-	1	-	13.00	1:07:54	5:13	1	-	1	-
Festplatz	8.10	33:24	4:07	1	-	1	-	21.10	1:41:18	4:48	1	-	1	-