



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Berbalk, Heike

Club: Steinbacher Faschingsverein

Number: 481

Course: 10.50 km

10,5 km-Lauf

Category:

Seniorinnen W40

Total time: 1:32:07

Speed: 6.51 km/h

Running performance: 8:46 min/km

Rank in course/Total: 117 (of 119)

Rank in course/Women: 29 (of 29)

Best time in course: 48:54

Rank in category: 3(of 3)

Best time in the category: 1:02:50