



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Reinhardt, Ingo

Club: Bad Salzungen

Number: 565

Course: 21.10 km

Halbmarathon

Category:

Senioren M40

Total time: 1:44:05

Speed: 12.11 km/h

Running performance: 4:56 min/km

Rank in course/Total: 11 (of 70)

Rank in course/Men: 10 (of 59)

Best time in course: 1:23:12

Rank in category: 1(of 6)

Best time in the category: 1:44:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:08:36	5:16	1	-	10	12:22	13.00	1:08:36	5:16	1	-	39	
Festplatz	8.10	35:29	4:22	1	-	12	8:31	21.10	1:44:05	4:55	1	-	10	20:53