



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Walther, Lydia

Club: RLV / LG Süd

Number: 566

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W30

Total time: 1:46:11

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 14 (of 70)

Rank in course/Women: 2 (of 11)

Best time in course: 1:41:18

Rank in category: 1(of 2)

Best time in the category: 1:46:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:12:04	5:32	1	-	2	4:10	13.00	1:12:04	5:32	1	-	2	4:10
Festplatz	8.10	34:07	4:12	1	-	2	0:43	21.10	1:46:11	5:01	1	-	2	4:53