



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Bräutigam, Rogondis

Club: Alias anitas

Number: 592

Course: 21.10 km

21 km Nordic Walking

Category:

Nordic Walking Frauen

Total time: 2:33:24

Speed: 8.21 km/h

Running performance: 7:16 min/km

Rank in course/Total: 1 (of 2)

Rank in course/Women: 1 (of 1)

Best time in course: 2:33:24

Rank in category: 1(of 1)

Best time in the category: 2:33:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:35:05	7:18	1	-	1	-	13.00	1:35:05	7:18	1	-	1	-
Festplatz	8.10	58:19	7:11	1	-	1	-	21.10	2:33:24	7:16	1	-	1	-