



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Reinhard, Steffen

Club: Röher WSV

Number: 604

Course: 21.10 km

Halbmarathon

Category:

Senioren M45

Total time: 1:54:22

Speed: 11.02 km/h

Running performance: 5:25 min/km

Rank in course/Total: 26 (of 70)

Rank in course/Men: 24 (of 59)

Best time in course: 1:23:12

Rank in category: 9(of 12)

Best time in the category: 1:29:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:16:35	5:53	9	17:06	26	20:21	13.00	1:16:35	5:53	9	17:06	53	
Festplatz	8.10	37:47	4:39	6	7:25	22	10:49	21.10	1:54:22	5:25	9	24:31	24	31:10