



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Reinhard, Steffen**

Club: Röher WSV

Number: 604

Course: 21.10 km

Halbmarathon

Category:

Senioren M45

Total time: 1:54:22

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 26 (of 70)

Rank in course/Men: 24 (of 59)

Best time in course: 1:23:12

Rank in category: 9(of 12)

Best time in the category: 1:29:51

### Intermediate times

### Stage score

### Total ranking

| Control   | Split | Split   | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|           | km    | Time    | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Pleß      | 13.00 | 1:16:35 | 5:53   | 9    | 17:06  | 26  | 20:21  | 13.00 | 1:16:35 | 5:53   | 9    | 17:06  | 53  |        |
| Festplatz | 8.10  | 37:47   | 4:39   | 6    | 7:25   | 22  | 10:49  | 21.10 | 1:54:22 | 5:25   | 9    | 24:31  | 24  | 31:10  |