



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Zimmermann, Detlef

Club: www.container-zimmermann.de

Number: 570

Course: 21.10 km

Halbmarathon

Category:

Senioren M40

Total time: 1:55:30

Speed: 10.96 km/h

Running performance: 5:28 min/km

Rank in course/Total: 28 (of 70)

Rank in course/Men: 26 (of 59)

Best time in course: 1:23:12

Rank in category: 2(of 6)

Best time in the category: 1:44:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:18:48	6:03	2	10:12	30	22:34	13.00	1:18:48	6:03	2	10:12	55	
Festplatz	8.10	36:42	4:31	2	1:13	14	9:44	21.10	1:55:30	5:28	2	11:25	26	32:18