



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Pechholz, Frank

Club: Meiniger Wasserfreunde

Number: 581

Course: 21.10 km

Halbmarathon

Category:

Senioren M55

Total time: 1:56:32

Speed: 10.81 km/h

Running performance: 5:31 min/km

Rank in course/Total: 30 (of 70)

Rank in course/Men: 28 (of 59)

Best time in course: 1:23:12

Rank in category: 1(of 6)

Best time in the category: 1:56:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:18:37	6:02	1	-	29	22:23	13.00	1:18:37	6:02	1	-	57	
Festplatz	8.10	37:55	4:40	1	-	24	10:57	21.10	1:56:32	5:31	1	-	28	33:20