



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Zösche, Karsten

Club: RSV Meiningen

Number: 599

Course: 21.10 km

Halbmarathon

Category:

Senioren M45

Total time: 1:59:21

Speed: 10.56 km/h

Running performance: 5:40 min/km

Rank in course/Total: 34 (of 70)

Rank in course/Men: 32 (of 59)

Best time in course: 1:23:12

Rank in category: 10(of 12)

Best time in the category: 1:29:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:19:40	6:07	10	20:11	33	23:26	13.00	1:19:40	6:07	10	20:11	3	
Festplatz	8.10	39:41	4:53	9	9:19	33	12:43	21.10	1:59:21	5:39	10	29:30	32	36:09