



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Lemuth, Matthias

Club: Lauffreunde Metzels

Number: 625

Course: 21.10 km

Halbmarathon

Category:

Senioren M35

Total time: 1:59:32

Speed: 10.54 km/h

Running performance: 5:40 min/km

Rank in course/Total: 35 (of 70)

Rank in course/Men: 33 (of 59)

Best time in course: 1:23:12

Rank in category: 6(of 6)

Best time in the category: 1:27:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:20:47	6:12	6	22:09	35	24:33	13.00	1:20:47	6:12	6	22:09	4	
Festplatz	8.10	38:45	4:47	4	9:42	28	11:47	21.10	1:59:32	5:39	6	31:51	33	36:20