



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Recknagel, Ria

Club: Eintracht Altersbach

Number: 507

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W60

Total time: 2:03:11

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 42 (of 70)

Rank in course/Women: 4 (of 11)

Best time in course: 1:41:18

Rank in category: 1(of 1)

Best time in the category: 2:03:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:21:07	6:14	1	-	3	13:13	13.00	1:21:07	6:14	1	-	4	13:13
Festplatz	8.10	42:04	5:11	1	-	5	8:40	21.10	2:03:11	5:50	1	-	4	21:53