



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Henn, Bernd

Club: Mannheim

Number: 554

Course: 21.10 km

Halbmarathon

Category:

Senioren M55

Total time: 2:15:38

Speed: 9.29 km/h

Running performance: 6:26 min/km

Rank in course/Total: 59 (of 70)

Rank in course/Men: 52 (of 59)

Best time in course: 1:23:12

Rank in category: 6(of 6)

Best time in the category: 1:56:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:28:57	6:50	6	10:20	50	32:43	13.00	1:28:57	6:50	6	10:20	23	2:42
Festplatz	8.10	46:41	5:45	6	8:46	51	19:43	21.10	2:15:38	6:25	6	19:06	52	52:26