



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Dittmar, Marion

Club: Rhöner WSV

Number: 605

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45

Total time: 2:15:57

Speed: 9.27 km/h

Running performance: 6:26 min/km

Rank in course/Total: 60 (of 70)

Rank in course/Women: 8 (of 11)

Best time in course: 1:41:18

Rank in category: 3(of 3)

Best time in the category: 2:01:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:32:01	7:04	3	8:40	8	24:07	13.00	1:32:01	7:04	3	8:40	8	24:07
Festplatz	8.10	43:56	5:25	3	5:21	7	10:32	21.10	2:15:57	6:26	3	14:01	8	34:39