



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Recknagel, Manfred**

Club: Eintracht Altersbach

Number: 506

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M60

Total time: 2:08:48

Speed: 4.66 km/h

Running performance: 12:16 min/km

Rank in course/Total: 118 (of 119)

Rank in course/Men: 89 (of 90)

Best time in course: 37:01

Rank in category: 9(of 9)

Best time in the category: 48:05