



# 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

## Detailed evaluation

**Weitz, Heiko**

Club: Laufftreff Altensteiner Park

Number: 609

Course: 21.10 km

Halbmarathon

Category:

Senioren M45

Total time: 2:23:17

Speed: 8.79 km/h

Running performance: 6:47 min/km

Rank in course/Total: 63 (of 70)

Rank in course/Men: 55 (of 59)

Best time in course: 1:23:12

Rank in category: 12(of 12)

Best time in the category: 1:29:51

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:32:31	7:06	12	33:02	54	36:17	13.00	1:32:31	7:06	12	33:02	26	6:16
Festplatz	8.10	50:46	6:16	12	20:24	56	23:48	21.10	2:23:17	6:47	12	53:26	55	1:00:05