



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

#### Kühnemund, Wolfram

Club: Skiclub Neuenstein

Number: 917

Course: 30.00 km

30 km-Lauf

Category:

Senioren M55

Total time: 2:47:47

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course/Total: 15 (of 27)

Rank in course/Men: 14 (of 25)

Best time in course: 2:09:01

Rank in category: 1(of 1)

Best time in the category: 2:47:47

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	18.00	1:42:54	5:43	1	-	13	21:43	18.00	1:42:54	5:43	1	-	13	1:35
Pleß	4.00	25:11	6:17	1	-	13	6:56	22.00	2:08:05	5:49	1	-	13	3:33
Festplatz	8.00	39:42	4:57	1	-	12	10:12	30.00	2:47:47	5:35	1	-	14	38:46