



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg

Number: 611

Course: 21.10 km

Halbmarathon

Category:

Senioren M40

Total time: 2:32:35

Speed: 8.26 km/h

Running performance: 7:14 min/km

Rank in course/Total: 66 (of 70)

Rank in course/Men: 57 (of 59)

Best time in course: 1:23:12

Rank in category: 6(of 6)

Best time in the category: 1:44:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:42:09	7:51	6	33:33	57	45:55	13.00	1:42:09	7:51	6	33:33	28	15:54
Festplatz	8.10	50:26	6:13	6	14:57	55	23:28	21.10	2:32:35	7:13	6	48:30	57	1:09:23