



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Schwabe, Tony

Club: Team Erdinger Alkoholfrei

Number: 909

Course: 30.00 km

30 km-Lauf

Category:

Männer

Total time: 3:03:30

Speed: 9.81 km/h

Running performance: 6:07 min/km

Rank in course/Total: 19 (of 27)

Rank in course/Men: 18 (of 25)

Best time in course: 2:09:01

Rank in category: 5(of 5)

Best time in the category: 2:17:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	18.00	1:49:33	6:05	5	25:14	19	28:22	18.00	1:49:33	6:05	5	25:14	4	8:14
Pleß	4.00	26:57	6:44	5	5:53	16	8:42	22.00	2:16:30	6:12	5	31:07	9	11:58
Festplatz	8.00	47:00	5:52	5	15:21	23	17:30	30.00	3:03:30	6:06	5	46:28	18	54:29