



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Klinzing, Ullrich

Club: Ludwigsfelde

Number: 907

Course: 30.00 km

30 km-Lauf

Category:

Senioren M45

Total time: 3:06:26

Speed: 9.65 km/h

Running performance: 6:13 min/km

Rank in course/Total: 22 (of 27)

Rank in course/Men: 20 (of 25)

Best time in course: 2:09:01

Rank in category: 4(of 5)

Best time in the category: 2:46:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	18.00	1:49:03	6:03	3	4:44	18	27:52	18.00	1:49:03	6:03	4	4:44	7	7:44
Pleß	4.00	29:38	7:24	4	6:04	21	11:23	22.00	2:18:41	6:18	4	10:48	7	14:09
Festplatz	8.00	47:45	5:58	5	9:01	25	18:15	30.00	3:06:26	6:12	4	19:49	20	57:25