



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Veismann, Matthias

Club: SV Königshofen

Number: 902

Course: 30.00 km

30 km-Lauf

Category:

Senioren M50

Total time: 3:10:28

Speed: 9.45 km/h

Running performance: 6:21 min/km

Rank in course/Total: 24 (of 27)

Rank in course/Men: 22 (of 25)

Best time in course: 2:09:01

Rank in category: 3(of 3)

Best time in the category: 2:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	18.00	1:57:17	6:30	3	20:05	24	36:06	18.00	1:57:17	6:30	3	20:05	5	15:58
Pleß	4.00	30:26	7:36	3	6:00	23	12:11	22.00	2:27:43	6:42	3	26:03	5	23:11
Festplatz	8.00	42:45	5:20	3	5:45	15	13:15	30.00	3:10:28	6:20	3	31:48	22	1:01:27