



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

Heller, Detlev

Club: Kein

Number: 482

Course: 10.50 km

10 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:20:34

Speed: 7.45 km/h

Running performance: 7:40 min/km

Rank in course/Total: 1 (of 15)

Rank in course/Men: 1 (of 7)

Best time in course: 1:20:34

Rank in category: 1(of 7)

Best time in the category: 1:20:34