



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Haack, Tobias**

Club: Juechsen

Number: 18

Course: 5.00 km

Basilika-Lauf

Category:

Senioren M30

Total time: 25:24

Speed: 11.81 km/h

Running performance: 5:05 min/km

Rank in course/Total: 25 (of 41)

Rank in course/Men: 20 (of 25)

Best time in course: 16:21

Rank in category: 3(of 3)

Best time in the category: 16:21