



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Siratzki, Bernd

Club: LV Breitungen

Number: 43

Course: 5.00 km

Basilika-Lauf

Category:

Senioren M50

Total time: 26:34

Speed: 11.29 km/h

Running performance: 5:19 min/km

Rank in course/Total: 28 (of 41)

Rank in course/Men: 21 (of 25)

Best time in course: 16:21

Rank in category: 3(of 3)

Best time in the category: 21:50