



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Heidinger, Sandra

Club: WSV Steinbach

Number: 32

Course: 5.00 km

Basilika-Lauf

Category:

Seniorinnen W35

Total time: 28:38

Speed: 10.48 km/h

Running performance: 5:44 min/km

Rank in course/Total: 34 (of 41)

Rank in course/Women: 10 (of 16)

Best time in course: 22:05

Rank in category: 1(of 2)

Best time in the category: 28:38