



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

**Bittorf, Anita**

Club: Rhöner WSV

Number: 28

Course: 5.00 km

Basilika-Lauf

Category:

Seniorinnen W45

Total time: 29:59

Speed: 10.01 km/h

Running performance: 6:00 min/km

Rank in course/Total: 36 (of 41)

Rank in course/Women: 12 (of 16)

Best time in course: 22:05

Rank in category: 2(of 3)

Best time in the category: 29:05