



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Seidel, Karina

Club: WSV 07 Steinbach

Number: 7

Course: 5.00 km

Basilika-Lauf

Category:

Seniorinnen W35

Total time: 33:36

Speed: 8.93 km/h

Running performance: 6:43 min/km

Rank in course/Total: 39 (of 41)

Rank in course/Women: 15 (of 16)

Best time in course: 22:05

Rank in category: 2(of 2)

Best time in the category: 28:38