



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Zimmermann, Stefan

Club: LG Ohra Energie

Number: 536

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M30

Total time: 42:41

Speed: 14.06 km/h

Running performance: 4:04 min/km

Rank in course/Total: 4 (of 119)

Rank in course/Men: 4 (of 90)

Best time in course: 37:01

Rank in category: 1(of 4)

Best time in the category: 42:41