



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

**Bang, Thomass**

Club: SV Mannheim  
Number: 461

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 16:47

Speed: 17.87 km/h  
Running performance: 3:22 min/km

Rank in course/Total: 3 (of 140)

Rank in course/Men: 3 (of 93)

Best time in course: 15:38

Rank in category: 2(of 15)

Best time in the category: 16:40