



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Erlor, Ronny

Club: Greg The Leg

Number: 413

Course: 5.00 km

5 km-Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 20:14

Speed: 14.83 km/h

Running performance: 4:03 min/km

Rank in course/Total: 12 (of 140)

Rank in course/Men: 11 (of 93)

Best time in course: 15:38

Rank in category: 1(of 8)

Best time in the category: 20:14