



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Klingstein, René

Club: Weimar  
Number: 317

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 20:27

Speed: 14.67 km/h  
Running performance: 4:05 min/km

Rank in course/Total: 13 (of 140)

Rank in course/Men: 12 (of 93)

Best time in course: 15:38

Rank in category: 4(of 15)

Best time in the category: 16:40