



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Steinbrecher, Thomas

Club: Mühlhausen  
Number: 404

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 22:31

Speed: 13.32 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 27 (of 140)

Rank in course/Men: 23 (of 93)

Best time in course: 15:38

Rank in category: 3(of 8)

Best time in the category: 19:59