



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

**Wandt, Dominik**

Club: Mühlhausen  
Number: 453

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 23:31

Speed: 12.76 km/h  
Running performance: 4:42 min/km

Rank in course/Total: 34 (of 140)

Rank in course/Men: 30 (of 93)

Best time in course: 15:38

Rank in category: 5(of 15)

Best time in the category: 16:40