



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Frohn, Andreas

Club: Sparkasse UH  
Number: 318

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 23:59

Speed: 12.51 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 40 (of 140)

Rank in course/Men: 34 (of 93)

Best time in course: 15:38

Rank in category: 5(of 11)

Best time in the category: 19:08