



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Fritsch, Manuela

Club: Weinbergen

Number: 386

Course: 5.00 km

5 km-Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 25:28

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 62 (of 140)

Rank in course/Women: 12 (of 47)

Best time in course: 18:25

Rank in category: 2(of 6)

Best time in the category: 24:16