



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Michael, Olaf

Club: SV 1932 Lengefeld e.V.  
Number: 346

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 25:36

Speed: 11.72 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 64 (of 140)

Rank in course/Men: 52 (of 93)

Best time in course: 15:38

Rank in category: 7(of 11)

Best time in the category: 19:08