



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Nissen, Joshua

Club: RH Eichenweg
Number: 416

Course: 5.00 km
5 km-Lauf

Category:
Jugend männlich

Total time: 25:40

Speed: 11.69 km/h
Running performance: 5:08 min/km

Rank in course/Total: 66 (of 140)

Rank in course/Men: 54 (of 93)

Best time in course: 15:38

Rank in category: 2(of 5)

Best time in the category: 23:29