



16. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2012

Detailed evaluation

Ose, Elke

Club: Hufeland Klinikum GmbH  
Number: 342

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 26:43

Speed: 11.23 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 80 (of 140)

Rank in course/Women: 17 (of 47)

Best time in course: 18:25

Rank in category: 4(of 6)

Best time in the category: 24:16