



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Groß, Silvia

Club: Sparkasse UH
Number: 321

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 27:37

Speed: 10.86 km/h
Running performance: 5:31 min/km

Rank in course/Total: 93 (of 140)
Rank in course/Women: 25 (of 47)
Best time in course: 18:25

Rank in category: 5(of 7)
Best time in the category: 24:17