



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Srogies, Larissa

Club: RUNNING TEAM Wiegand GmbH
Number: 394

Course: 5.00 km
5 km-Lauf

Category:
Frauen (20-29 Jahre)

Total time: 28:22

Speed: 10.58 km/h
Running performance: 5:40 min/km

Rank in course/Total: 106 (of 140)

Rank in course/Women: 28 (of 47)

Best time in course: 18:25

Rank in category: 4(of 7)

Best time in the category: 25:17